

Clinical Teams/Programs as of May 19, 2022

Outpatient and School-Based Services Division

Division Director: Amber Olson, PhD amberolson@aumhc.org

CHILD AND FAMILY NORTH (CFN)

Manager: Thais Kenser, LPC, LAC thaiskenser@aumhc.org

The Child and Family North counseling center is an outpatient program that provides mental health services to children and their families, ages 6-18. Outpatient services include individual therapy, family therapy, group therapy, crisis management, and other necessary services to help children/adolescents and their families identify and meet their treatment goals. Groups that are typically offered at CFN include: Healing from Racial Trauma, Dialectical Behavioral Therapy for Adolescents, and Parenting Support. Clinicians are trained in EMDR, Play Therapy, TST-R, DBT, CBT and TF-CBT.

CHILD AND FAMILY SOUTH (CFS)

Manager: Sarah Gallegos, LPC, RPT-S sarahgallegos@aumhc.org

The Child and Family South counseling center is an outpatient program that provides mental health services to children and their families, ages 6-18. Outpatient services include individual therapy, family therapy, group therapy, crisis management, and other necessary services to help children/adolescents and their families identify and meet their treatment goals. Groups that are typically offered at CFS include Play Therapy Group, Parenting Support, and Social Skills Groups. Clinicians are trained in play therapy, parent-child interaction therapy, art therapy, EMDR, TST-R, CBT, TF-CBT, and DBT.

ELMIRA COUNSELING CENTER (ECC)

Manager: Alexa Pizer, LPC, LAC alexapizer@aumhc.org

The Elmira counseling team provides evidence-based interventions to adults in an outpatient setting. This counseling center provides individual, couples, and group therapy to diverse clients, typically of higher acuity and many of whom present with severe and persistent mental illness. Elmira Counseling Center typically offers a variety of groups including DBT and a wellness group. Clinicians trained in EMDR, CBT, and DBT.

SOUTHEAST COUNSELING CENTER (SE ADULT)

Manager: Carol Reszka, LCSW carolreszka@aumhc.org

The Southeast Counseling Center provides evidence-based interventions to adults in an outpatient setting. This counseling center provides individual, couples, and group therapy to adult clients with a wide range of presenting problems. This counseling center strives for a positive culture of diversity, equity and inclusion and values collaboration and a team-based model. Southeast Counseling Center typically offers a variety of groups including a clutter group, Mind Over Mood group, and has clinicians trained in CBT, DBT, and Psychodynamic approaches.

OLDER ADULT COUNSELING CENTER (OA)

Manager: Carol Reszka, LCSW carolreszka@aumhc.org

The Older Adult Counseling Center is a multidisciplinary team that provides evidenced-based outpatient therapy and outreach services to older adults. We understand the unique strengths and challenges of the older adult population, and our therapists have both opportunities to learn and to train others in topics relevant to older adults. We provide assessment, individual, and group therapy at our counseling center, as well as outreach to assisted living and nursing home facilities in our area.

SCHOOL BASED SERVICES (SBS) - APS

Manager: Lorin Terrell, LMFT lorinterrell@aumhc.org

The School Based Services team is divided by school district. The APS SBS team is comprised of therapists, intake coordinators and case managers who provide direct mental health support to students, families, and schools within Aurora Public Schools. This team collaborates with teachers and school professionals, ensuring students have an optimal learning environment that supports mental health and wellness. The team provides services such as individual, family and group therapy, wellness support, mental health education, and crisis support. SBS therapists typically offer a variety of groups throughout the school year including social skills, anxiety management, grief and loss, and healing from trauma, and organize a two-week camp in the summer. The team is comprised of clinicians who are trained in TST-R, TF-CBT, Play Therapy, EMDR and CAMS.

SCHOOL BASED SERVICES (SBS) - CCSD AND CHARTER SCHOOLS

Manager: Morgan Finch, LCSW morganfinch@aumhc.org

The School Based Services team is divided by school district. The CCSD and Charter Schools SBS team is comprised of therapists, intake coordinators and case managers who provide direct mental health support to students, families, and schools within Cherry Creek School District, Bennet and Byers School Districts, and various local charter schools. This team collaborates with teachers and school professionals, ensuring students have an optimal learning environment that supports mental health and wellness. The team provides services such as individual, family and group therapy, wellness support, mental health education, and crisis support. SBS therapists typically offer a variety of groups throughout the school year including social skills, anxiety management, grief and loss, and healing from trauma, and organize a two-week camp in the summer. The team is comprised of clinicians who are trained in TST-R, TF-CBT, Play Therapy, EMDR and CAMS.

SCHOOL-BASED HEALTH CLINICS (SBHC)

Manager: Amber Olson, PhD amberolson@aumhc.org

The School-Based Health Clinic (SBHC) team is comprised of therapists (aka “Behavioral Health Providers”) and a care coordinator who provide behavioral health services to students and their families in the Aurora Public School (APS) district. These integrated health clinics are located on APS school campuses and are in partnership with APS, Every Child Pediatrics, and Children’s Hospital Colorado. The goals of the SBHCs are to serve the community by increasing access to behavioral health and therapy services for a variety of concerns, ranging from minor stress/adjustment to high-risk mental health concerns. Behavioral Health Providers provide screenings, brief assessments (including brief ADHD assessments), brief intervention, on-going psychotherapy, family therapy, case management, crisis support, and consultation and education to medical providers. Behavioral Health Providers are trained in CBT, TF-CBT, Family Therapy, Play Therapy, Biofeedback and Neurofeedback.

Child Specialty Programs Division

Division Director: Lauren Warth LaurenWarth@aumhc.org

AURORA COVERAGE ASSISTANCE NETWORK (ACAN) ALSO KNOWN AS CONNECT AURORA

Manager: Allison Summerton AllisonSummerton@aumhc.org

The Aurora Coverage Assistance Network (ACAN) is a grant-funded program under the direction of the Aurora Mental Health Center. The goal of the program is to increase health insurance enrollment and health insurance literacy within the Aurora Community. The program has been funded since 2013 to provide education and assistance in health insurance programs provided by The Affordable Care Act. Appointments can be scheduled on www.ConnectAurora.org.

AURORA YOUTH OPTIONS (AYO)

Manager: Vicki Scott VickiScott@aumhc.org

Aurora Youth Options (AYO) works with at-risk middle and high school aged youth along with their families, to navigate connect and provide positive individualized resources for success. AYO's offering of early intervention prevention services allows youth to gain the life skills necessary for personal, professional, and emotional happiness and the ability to thrive. Providing personalized support AYO delivers individualized referrals to existing community resources to benefit youth in proactive and nurturing advantages. AYO also supports youth and community volunteers with mentoring and Homework Help programs.

COLORADO REFUGEE WELLNESS CENTER (CoRWC)

Manager: Christine Rufener ChristineRufener@aumhc.org

Health Navigator Supervisor: Bhanu Bhattarai BhanuBhattarai@aumhc.org

The Colorado Refugee Wellness Center provides culturally and linguistically responsive mental health and health navigation services to refugees and asylees who call the richly diverse city of Aurora home. The staff speak 17 languages and many hail from the refugee/immigrant communities they serve. Clients can access services and resources in their native languages through the assistance of Health Navigators, who also optimize communication and understanding of cultural context between mental health providers and clients. The team offers holistic, team based, trauma- informed care. It works to increase health equity, through program development, grants, research, training, and community partnerships.

DAY TREATMENT PROGRAMS AT HAMPDEN YOUTH CAMPUS (HYC)

METRO CHILDREN'S CENTER, HAMPDEN ACADEMY, AND INTERCEPT DAY TREATMENT

Clinical Manager: Interim Lauren Warth LaurenWarth@aumhc.org

Special Education Director: Kelli Perez KelliPerez@aumhc.org

[Metro Children's Center](#) provides comprehensive educational and therapeutic services in a day treatment setting. Metro Children's Center serves students with special education needs, mental health diagnoses, and/or complex trauma in grades Kindergarten through eighth grade throughout the Denver metro area. Services include group, individual, and family therapy along with educational services provided by highly qualified special education teachers. Students participate in a variety of educational, therapeutic, and community-based programming.

[Hampden Academy](#) provides comprehensive educational and therapeutic services in a day treatment setting. Hampden Academy serves students with special education needs, mental health diagnoses, and/or complex trauma in 8th to 12th grade throughout the Denver metro area. Services include group, individual, and family therapy along with educational services provided by highly qualified special education teachers. Students participate in a variety of educational, therapeutic, and community-based programming. In addition to basic core academic classes, students participate in life skills, career exploration, and transitional services classes. Students earn high school credits while attending Hampden Academy.

[Intercept Day Treatment](#) is a specialized, therapeutic, and educational program for youth ages 10 to 15 who have a developmental disability and a co-occurring mental health condition. Intercept Day Treatment is a unique program that combines functional academics, structured behavioral programming, psychiatric medication management, adapted individual and group therapy, family support and care coordination

services. Intercept Day Treatment coordinates this wide array of evidence-based services to provide comprehensive treatment for youth who have complex needs. IDT is currently closed.

All day treatment program staff are trained in trauma-focused, culturally responsive, recovery-based care. It is the goal of all three programs to help students and families learn, establish, and build life-long skills to support returning to a public-school setting.

EARLY CHILDHOOD & FAMILY CENTER (ECFC)

Manager: Daryl Hitchcock DarylHitchcock@aumhc.org

The Early Childhood and Family Center (ECFC) offers comprehensive services and programs to children birth to age six with social, emotional, or behavioral difficulties, and their families, including parents, foster parents, grandparents, and other supportive caregivers. These services include a full range of clinical services, an in-home program, prevention and early intervention services and early childhood mental health consultation.

FAMILY SUPPORT SPECIALISTS

Contact: Jennifer Sommer Sheppard JenniferSommerSheppard@aumhc.org

These parent leaders help other parents navigate the mental health system for their children (or for close family members). The family specialists run support groups (grandparents raising grandchildren; kinship/adoption; fatherhood) and are strategically placed in many programs throughout Aurora Mental Health Center to provide an array of support services.

INTENSIVE IN-HOME TEAM (IIH)

Manager: Elizabeth Lent ElizabethLent@aumhc.org

The Intensive In-Home team provides intensive therapeutic and behavioral coaching services for youth 6 to 21 and their families who have experienced trauma. Trauma Systems Therapy (TST) is utilized, which is a model of care for traumatized children that addresses both the individual child's emotional needs as well as the social environment. It is about breaking down barriers between service systems, understanding a child's symptoms in the context of his or her world, and building on a family's strengths. It is both a clinical model as well as an organizational one that involves all of the systems in a family's life.

Referrals can be sent to InHomeReferral@aumhc.org

INTERCEPT CENTER

Manager: Interim Lauren Warth LaurenWarth@aumhc.org

Intercept Center's outpatient services include family, individual and group therapy, medication management services, and case management services. Intercept's outpatient services are specialized and adapted for youth with a developmental disability who are between the ages of 6 years and 21 years of age. Intercept is an internationally recognized model program whose staff also provide training to mental health professionals on adapting treatment for dually diagnosed youth.

TRAUMA RESILIENCE YOUTH PROGRAM (TRYP)

Program Manager: Christine Rufener ChristineRufener@aumhc.org

The Trauma Resilience Youth Program (TRYP) focuses on children of refugee and immigrant families who have resettled in the Aurora metro area. TRYP specifically delivers culturally informed trauma screenings and treatment to these children and their families in various settings (schools, outpatient clinics, and integrated primary care). TRYP employs Health Navigators who provide interpretation and case management services and speak the following languages: Arabic, Burmese and Karen, French, Nepali, Sango, Spanish, and Swahili.

Referrals can be sent to TRYP-Referral@aumhc.org

ADULT INTENSIVE SERVICES

Division Director: Dawn O'Neil, PH.D. dawnoneil@aumhc.org

ASCENT & ASCENT STEP-DOWN PROGRAMS

Manager: Kristyn R. Olson kristynolson@aumhc.org

Ascent Programming provides support for youth and young adults, aged 15-29, experiencing first episode psychosis (FEP), which can show anytime between youth and early adulthood. People going through the first episode psychosis may not understand what is happening to them creating fear, confusion, and distress.

Ascent uses a series of specialized services which are primarily community-based to help individuals develop independence and maintain stability. Ascent programming is offered for up to three years, with the opportunity to graduate and join our Ascent Step-Down team for an additional two years.

Services include individual and group therapy, case management, recreation therapy in the community, payeeship, vocational and education support, and peer support services.

ASSERTIVE COMMUNITY TREATMENT (ACT)

Manager: Ryan Rhodes ryanrhodes@aumhc.org

ACT is a specialized, evidenced based treatment model that serves adults with severe and persistent mental illness who are the highest utilizers of hospital and criminal justice systems. This program focuses on decreasing hospitalizations and involvement with criminal justice systems and supporting clients to live more successfully in the community. ACT utilizes a creative, multidisciplinary, and community-based approach to work with these often difficult to engage adults.

Services include individual and group therapy, clinical case management, housing support, psychosocial rehabilitation, payee services, peer support, and collaboration with external resources (such as primary care clinics, Wellness Court through Aurora Municipal Court, and inpatient hospitals).

AURORA CENTER FOR LIFE SKILLS (ACLS)

Manager: Interim Dawn O'Neil dawnoneil@aumhc.org

The Aurora Center for Life Skills (ACLS) is a specialized program for adults who have intellectual and developmental disability and a co-occurring mental illness.

ACLS provides services include evidenced based therapy with physicians, therapists, case managers, and support staff who are specially trained to provide accurate assessments, adapted treatment, and culturally competent interactions with people who have developmental disabilities.

Services include individual, family, and group therapy, and case management services.

COMMUNITY CONNECTIONS (CC)

Manager: Shelley Milsap shelleymilsap@aumhc.org

Community Connections (CC) has been serving the Aurora Community for over 23 years. This program offers a person-centered wellness approach based on SAMSHAs "Eight Dimensions of Wellness" – Emotional, Spiritual, Intellectual, Physical, Environmental, Financial, Occupational and Social. This program is staffed primarily by peer specialists. Prior to the pandemic CC offered a milieu-based drop-in peer support center. Post pandemic CC skillfully transitioned to providing daily skills group via zoom services. CC offers between 4 to 6 groups daily. Services include individual peer support contacts, skills groups, and community-based recreation activity groups. Groups and services are developed in collaboration with clients providing input on the types of groups they would like. Examples of the groups offered include Trivia, Through the Lens (photography), Thrive, Creative Writing, a WRAP group, Grief and Loss, Relationship Skills, and Coffee and Conversations. Referrals can be emailed to communityconnections@aumhc.org

INDIVIDUAL PLACEMENT AND SUPPORT/VOCATIONAL SERVICES (IPS)

Manager: Shelley Millsap shelleymilsap@aumhc.org

Vocational Services is dedicated to assisting individuals with disabilities in finding sustainable, gainful careers in the community. Our professional vocational staff works with adults and youth to teach sustainable employment skills, work etiquette, professionalism, and employment skills necessary for maintaining successful job placement.

Each Employment Specialist is trained in the Individual Placement and Support (IPS) model, an evidence-based approach, to support clients in their long-term success. We assist each job seeker with every step of the career search process, including career exploration, resume writing, application assistance, interview prep, and job coaching.

Employment specialists work in close partnership with the Division of Vocational Rehabilitation (DVR).

Culinary Kitchen Café: Coming to the first floor of the Stith Building, 791 Chambers (as pandemic conditions permit).

COMMUNITY LIVING PROGRAM (CLP)

Manager: Julie Bellum juliebellum@aumhc.org

The CLP Program provides treatment to adult clients who have a high frequency of inpatient psychiatric hospitalization and who are at high risk for suicide, violent behavior, or becoming gravely disabled. We focus on whole person recovery and helping clients achieve their very best quality of life, which starts with keeping clients independent in the community and out of the hospital. We take a team approach to sharing the care and treatment of our clients. Services are offered flexibly with a high frequency of contact. Services include individual and group therapy, case management, payeeship services, peer support, crisis risk assessment and management services, and recreation therapy in the community. We see a high volume of certified clients who are court ordered to outpatient treatment. The CLP team offers clinicians trained in evidence-based therapies including DBT and EMDR.

ADDITIONAL CARE COORDINATION AND TREATMENT SERVICES UNDER CLP AND ADULT INTENSIVE SERVICES

Hospital Liaison (Child and Adult): Care coordination by the hospital liaison supports clients in successfully transitioning from inpatient level of care to outpatient level of care treatment services.

Outpatient Competency Restoration: Competency restoration education services are provided to adults and juveniles involved in the criminal or juvenile justice systems and deemed by a court to be incompetent to proceed.

Journey: Women's Intensive Outpatient Program (IOP): Our women's IOP had been providing in person programming at 791 Chambers Rd. Due to the pandemic the IOP has adapted to offering telehealth services via zoom. This 3-day IOP offers groups, case management, and peer support on Tuesdays, Wednesdays, and Thursdays for clients who would benefit from intense acute treatment services. Referrals can be sent to journey@aumhc.org

ACUTE SERVICES

Division Director: Interim Kirsten Anderson KirstenAnderson@aumhc.org

Community Transition Counseling Center (CTCC)

Manager: Misty White MistyWhite@aumhc.org

Arapahoe Diverts Mentally Ill for Treatment (ADMIT) This program operates in coordination with the Arapahoe County Sheriff's Office. An intensive dual-diagnosis treatment program for mentally ill offenders of Arapahoe County Detention Facility (ACDF). Clients have been judicially approved to serve their sentence in the community. Clients participate in mental health, substance abuse and forensic case management services (Daily).

Community Transition Program (CTP) Serves forensic clients with co-occurring treatment for mental illness and/or substance use disorder. Clients are referred from DHS, probation, parole, and Wellness Court. Clients receive treatment until they are considered "off papers" meaning they have satisfied their probation and/or parole. Not Guilty by Reason of Insanity (NGRI). CTP also works with clients, in collaboration with OBH, who have been found to be NGRI and are released back into the community from the state hospital.

Nome House Clients from the Admit program are typically housed at 1601-1603 Nome Street. The house has 4 units and accommodates 2 people per unit and is owned and operated by AuMHC. Average length of stay is 1 year, once they successfully graduate, they are no longer considered incarcerated.

Wellness Court and Ursula House Wellness Court is an Aurora Municipal Specialty Court focused on helping non-violent offenders that are high utilizers of EMS and police. Clients can be in the program for up to 2 years. Some clients are housed at 3120 Ursula Street (Ursula House). Ursula house is a 5-bedroom house owned and operated by AuMHC and is specific to Wellness court clients. (Men only)

Jail Based Behavioral Health Services (JBBHS) The JBBS Program supports the Arapahoe County Sheriff's Office by providing screening, assessment and treatment of substance use disorders and co-occurring substance use/mental health disorder to inmates of Arapahoe County Detention Facility who need such services while in jail. The team is located at the detention facility.

Second Chance Center "A Colorado based nonprofit organization specializing in re-entry programming offering management, mentoring, and vital resources to assist formerly incarcerated individuals in reestablishing their

lives and becoming successful members of the community.” AuMHC contracts with SCC to provide an onsite therapist that provides MH treatment.

East Metro Detox and Recovery Center (EMDRS)

Manager: Malcolm Jobe malcolm.jobe@aumhc.org

Substance Use Withdrawal Management (Detox) Treatment – (Social, Inpatient). Open 24/7, 30 beds, 18 years of age and older. The average length of stay is 3 days. Provides a safe place to detox and recover from alcohol, prescription drugs or street drugs. Offers: Emergency Commitment Services, Case Management, Vocational Counseling, Referral and Advocacy.

Substance Use Disorder Outpatient (ASUD)

Manager: Interim Misty White MistyWhite@aumhc.org

Provides: Traditional outpatient substance use treatment (adults 18 and older, looking to expand to adolescent services within this fiscal year.) Intensive Outpatient Treatment. Essentially entails multiple contacts per week with recovery counselors. DUI education and therapy-court ordered. Medication-Assisted Treatment (MAT)- (not under Todd). Medications to decrease cravings and prevent relapse for both opioid and alcohol dependence. Typically, in conjunction with individual therapy, group therapy and relapse prevention support.

Crisis Services

Manager: Michael Driscoll michaeldriscoll@aumhc.org

Walk-in Center (WIC) Part of the statewide crisis services initiative (As well as the CSU) contracted with Signal Behavioral health. (ASO) Located at 2206 Victor St. open from 8am to 11pm. Provides assessment, intervention, disposition, and referral to anyone experiencing a self-defined crisis of all ages. Referrals include outpatient or inpatient treatment. Inpatient = CSU level of care or higher and all coordinated by WIC staff.

Crisis Stabilization Unit (CSU) 16 bed 24/7 inpatient program offering intensive services for up to 5 days. Must have a mental health diagnosis to be eligible, can be involuntary or voluntary. Services include medication evaluation/ administration, individual, family and group treatment, case management, and outpatient referrals upon discharge.

Respite 3rd Floor-2206 Victor. 4 available beds. An alternate option for individuals in crisis that do not meet the level of need for a CSU admission but would benefit from being out of their living environment. Services include individual, family, and group treatment as well as case management. Stay can be up to 14 days.

CO Response Team (CRT) A collaborative effort between the Aurora Police Department and Aurora Mental Health Center. Clinicians are imbedded within APD and respond with a police officer to 911 calls mental health emergencies with the goal to prevent the unnecessary incarceration and/or hospitalizations, provide care in the least restrictive environment through a coordinated and comprehensive system-wide approach, prevent the duplication of mental health services, and expedite the return of patrol units to patrol activities.

Aurora Mobile Response Team (AMRT) Formerly known as 911 response, this is a pilot program with the city of Aurora as an alternative to a police response to a mental health emergency dispatched from 911 and serves Northwest Aurora. The team pairs a mental health clinician from Aurora Mental Health with a paramedic from Falck Rocky Mountain to provide crisis intervention and de-escalation services on the scene to individuals experiencing a behavioral health crisis related to mental health, depression, homelessness, poverty, and/or substance use issues.

ACCESS, HOMELESS SERVICES, AND RESIDENTIAL

Division Director: Erin Ralston ErinRalston@aumhc.org

Connect to Care (C2C)

Program Manager: Interim Erin Ralston ErinRalston@aumhc.org

Connect to Care is primarily an access clinic, serving as an initial point of contact for anyone who would like to receive services at Aurora Mental Health. The multidisciplinary team completes screening and assessment with clients to determine direction for care. Connect to Care also provides single session focused counseling, case management, crisis intervention, and evaluations. C2C is set up as a 'hub' so is home to liaison and care coordination positions that work in partnership in the community to ensure that there is no wrong door for mental health care.

DEPARTMENT OF HUMAN SERVICES LIAISON –EMBEDDED AT C2C

Contact: Interim Erin Ralston ErinRalston@aumhc.org

The Department of Human Services (DHS) Liaison works in partnership with Arapahoe County Department of Human Services to provide consultation and assessment for youth and adults involved with DHS who need mental health and substance use services. The DHS Liaison coordinates and completes comprehensive mental health and substance use assessments, attends LINKS meetings, and provides consultation for the child welfare and legal systems in Arapahoe County

Housing Case Management – Temporarily Embedded at C2C Providing case management, lease completion, and facility support to clients housing units that do not have on site staffing. This includes Mountain House, Hanover, and Ruth Campbell.

Aurora Sustained: This is a pilot project in partnership with the Aurora Municipal Court that provides early assessment for people who are engaged with the Public Defender's Office.

Pathways to Home (PATH)

Manager: Jessica Ipsen Jessicalpsen@aumhc.org

Provides intensive community-based services to individuals and families experiencing homelessness-Located at 1544 Elmira Street, Aurora, CO 80010. There are 4 primary components to the PATH team:

- Street Outreach: Case managers go into the community to outreach and engage folks disenfranchised from traditional models of care. (Often just to make contact and give basic need supplies to people)
- Drop In (Mon-Thursday 9am-12pm): a model of care designed for folks to come as they are, as they want and as they need to get access to a full continuum of services in the mental health and housing sectors.
- Community Based Care: clinicians provide behavioral services in the community in efforts to decrease barriers and increase engagement to long term teams.
- Housing team: provides the housing assessment and housing case management.

RESIDENTIAL: AURORA VETERANS HOME (AVH), THOMAS HOUSE, AND MRACHEK HOUSE

Manager: Michael O'Donnell michaelodonnell@aumhc.org

AVH is a 15-bed facility serving honorably discharged veterans struggling with homelessness, substance use disorder, and mental health issues. This program is open to veterans who are eligible for and referred through the Grant and Per Diem program from the Veterans Administration. Veterans receive case management support for attaining employment and housing.

Thomas House is our hospital stepdown and diversion program, providing short-term residential care to help adults stabilize and recover from debilitating mental health crises. Thomas House serves Aurora Mental Health Center clients and military veterans referred by the psychiatric unit of the Denver Veteran's Administration. Consumers receive aid in their stabilization through therapeutic milieu support, medication management, and individual counseling. The house is staffed 24 hours a day and provides services as a hospital stepdown support when a client is returning to the community after hospitalization.

Mrachek House is an 8 bedroom, HUD supported housing unit. It is licensed as an ALR and provides independent housing services to low income AuMHC clients. The property is staffed 24 hours per day and the staff provide case management support for the residents.

STUDENT TRAINING

Division Director: Tiffany Erspamer TiffanyErspamer@aumhc.org

STUDENT TRAINING

Masters and doctoral level students from the Denver metro area are placed in programs across the agency to provide clinical care and complete practicum requirements for graduate training. Individual programs interview and hire students, but receive support in ongoing coordination, tracking, and best practices for supervision and onboarding. Unpaid interns often stay with the agency from 6-12 months, but training requirements and lengths of stay may vary.

APA PRE-DOCTORAL INTERNSHIP

Since 2000, AuMHC has had an APA accredited predoctoral internship program. Each year 4 predoctoral interns are recruited through a rigorous interview and material review process. Interns are placed within various rotations and programs across the center to support their ongoing training as well as agency efforts. Two interns are placed within an Adult Emphasis Track, one intern is placed within a Child and Family Emphasis Track, and the final intern is primarily with the Asian Pacific Development Center. Psychologists across AuMHC support with training, supervision, and support of the training program.

POST-DOCTORAL FELLOWSHIP

Each year, 2 postdoctoral fellowship positions are filled by students who have completed their graduate training and are seeking licensure supervision and support. One position is focused on Adult Intensive Services and the other is for an International and Refugee Track. The Adult Intensive Services fellow is split between Community Living Program and Aurora Center for Life Skills in the Adult Intensive Services Division. The International and Refugee Track fellow is split between the Colorado Refugee Wellness Center and Asian Pacific Development Center. Fellows also assist with predoctoral internship didactics, provide supervision to predoctoral interns, and engage in weekly didactics to facilitate their learning and development.